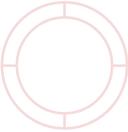


	1	2	3	4	5	6
MODULE 6: THE PLAN						
MODULE 7: CO-PARENTING						

Reminders

- ACTIVE LISTENING (PHONES AWAY, FACE ONE ANOTHER, EYE CONTACT, ASK QUESTIONS)
- MOVE AT A PACE THAT WORKS FOR YOU
- TAKE TIME TO REFLECT & PROCESS
- ALLOW THE CONVERSATION TO GET 'OFF TRACK', JUST BE SURE TO BRING IT BACK BY THE END
- IF A MODULE DOESN'T FEEL APPLICABLE TO YOU, YOU CAN SKIP IT
- KNOW IT IS OKAY TO NOT MATCH PERFECTLY WITH YOUR PARTNER