



TIMELINE



Bucket List

Complete by when?
(Refer to the 'Our
Bucket List' to find this!)

Child Savings Goals

How much would you
like to save before
having children?

Relationship

How would you rate
your current satisfaction
with your relationship 1-
10? What are your
improvement areas?

Schedule

Could you
accommodate a child
in your current daily
schedule? If not, what
changes would need to
occur. When do you
see these being able to
happen?

Body Timeline

If you are considering
carrying your baby,
consider your body's
timeline. At what age do
you think you'll feel best
equipped to carry/adopt a
child? Don't put too
much pressure on this
number!

'The Internal Call'

Do you find yourself
strongly wanting a
child at this phase of
your life?





TIMELINE



ANSWER SHEET

Bucket List

Child Savings Goals

Relationship

Schedule

Body Timeline

The Internal Call

REVIEW

Review your answers. After looking at your answers, what feels like a good general timeline to set for yourself and your partner to have/adopt children? There is no right or wrong answer and this is not set in stone.

OUR ANSWER:

The purpose of this exercise is to gauge how close or how far you are from children and what you need to do to get your relationship ready!

